

Marian antiphons

The marian antiphons are customarily sung after each hour of the Divine Office according to the time of year. Alma Redemptoris Mater is sung from the beginning of Advent through to Candlemas (2nd February). Ave Regina Cælorum is sung from Candlemas through Lent till Wednesday of Holy Week. No antiphons are sung for the Sacred Triduum. Easter Sunday brings the Regina Cæli which is also sung in place of the Angelus. After the Friday after Pentecost the Salve Regina is sung.

Alma Redemptoris Mater

V.
A *Alma * Redemptoris Mater, quæ p̄rvi-a cæli por-*
O loving Mother of our Saviour Gate of heaven

ta manes, Et stella maris, succurre cadenti surgere qui
and star of the sea: Help a fallen people striving once again

curat p̄pulo: Tu quæ genu-isti: natura mirante, tu-
to rise from sin. You gave birth, while all nature stood in awe,

um sanctum Genitorem: Virgo pri-us ac posteri-us, Gabri-
to your own all-holy Maker. Ever Virgin after and before Gabriel

elis ab ore sumens illud Ave, peccatorum miserere.
greeted thee with that solemn Ave: Have mercy on us sinners.

Ascribed to Hermann of Reichenau, 1013–54